

EOP EXPRESS JANUARY 2015

Hau'oli Makahiki Hou Everyone,
We are always **perfecting** our basics.
Remember your Hawaiian and
Tahitian basic dance steps.
We warm up to these basics at every class.

<u>HAWAIIAN</u>	<u>TAHITIAN</u>
Kaholo	Fa'arapu (fast rotations)
Ka'o	Afata (Box)
Hela	Ruru (Freeze, Shimmy)
Ami	Nu'utere Ne'e (Duck walk)
Kaholoholo	Tamau (single bumps)
Lele	Te'i (on toes)
Uwehe	Toma(double bumps-Otamu)
Ku'i	Varu (figure eights)

Please remember your implements should be in the studio not in the hall.
Everyone should always have their class pareo on in class.

POLYNESIAN DANCE CLASS SCHEDULE

It is currently on Monday at 6pm
and Thursday at 7pm

Warm-ups and stretches
at the beginning of every class.

RATES

Class I \$50 (6-6:50) per month

Class II Performance Class

(6-7:10) \$70 per month

Show run through 7-7-30

Parent of student \$10 per month

NEW STUDENT RATES

First Month \$60

(Tuition and Registration)

Second Month \$65

(Tuition and Class Pareo)

Third Month \$65 (Tuition and Class Shirt)

Fourth Month \$50 (Tuition)

Scheduled SHOWS

February 7 - LIMITED performers

February 28? - Festival of Talent (OPEN TO ALL)

May 3 - Boni Festival (OPEN TO ALL)

May 16 - OURCOPS Dinner

July - MacKinnon Recital

**Aloha nui loa,
Auntie Josie "Kealoha"**