

EOP Express December 2012

Mele Kalikimaka Everyone,



Polynesian Dance Class Schedule

Class I - Beginners

Monday and Wednesday

6:10-6:40pm

Class II - Beginners/Intermediate

Monday and Wednesday

6:10-6:55pm

Class III - Performance Class

Monday, Wednesday 6:10-7:40pm,

Thursday 7-8pm

Island Aerobics

Thursday 7-8pm

All classes are in Studio C



WANNA BURN CALORIES AND TONE UP YOUR ARMS, LEGS,
BELLY, AND "OKOLE"?

COME & TRY

ISLAND AEROBICS

THURSDAYS 7-8PM

at MACKINNON DANCE ACADEMY
STUDIO "C"

Set to Tahitian drum beats and Hawaiian, reggae, and
Top 40 music, this fun, Polynesian dance-inspired
cardio workout incorporates exercises and choreography
that focus on your core and lower body.

Great for
ALL levels!
(Beginners too!)
ONLY
\$20/MONTH



Qs??? Call or text:
Josie 805/218-7274
Or
Kealoha (instructor)
805/625-1153

THIS IS MY HEAVEN DRUMS OF THE ISLANDS

Vanessa
WANÉKA
LEAVE

NANCY
NANEKI

DIANE
KIANA

JAMEE
IAMEA

Jenikka
IENIKA
TAHITIAN

COURTNEY
KOUKONEI

ALEJANDRA
ALEIANAKALA

BRITTNEY
PALIKANE

TASI

REGINA
LEKINA

GERARD
KELALAKA

DELAYNA
KELAINA

KAYSHA
KAIKA

JEZIEL
IEKIELI

KALEA

EMILY
EMELIA

JJ
IOKUA

JAIRA
IAILA

JENNIFER
KINIPELA

ANISSA
ANIKA

MIRANDA
MILANAKA

NIKASHA
NIKAKA

JUSTICE
KEALANI

AYLANI
AILANI

ZIGGY
IKA'AKA

ZAVEAH
KAWEAHO

NOELANI

UPCOMING SHOWS/PERFORMANCES 2012

December 9, Sunday, 12 Noon & 2:30PM -

MacKinnon Holiday Show

Oceanview Pavilion

575 East Surfside Drive, Port Hueneme

ALL Polynesian Dance Students may participate.

December 14, Friday, 11:30AM -

City of Ventura Holiday Luncheon,

Wedgewood Banquet Center

5880 Olivias Park Drive, Ventura

ALL Polynesian Dance Students should participate

December 15, Saturday, 12 Noon

Auntie Tina's Holiday Potluck Get Together

Puerto Nuevo Restaurant

3600 Saviers Road, Oxnard

December 15, Saturday, 7PM, YAC

Oxnard PAC Center

800 Hobson Way, Oxnard

ALL Polynesian Dance Students should participate

December 16, Sunday, 8PM

CBC NEX Holiday Luau

CBC Port Hueneme Base

In the NEX Food Court

ALL Polynesian Dance Students should participate

DECEMBER 24, MONDAY - JANUARY 3, THURSDAY

MACKINNON STUDIO CLOSED

POLYNESIAN DANCE CLASS WILL RESUME

WEDNESDAY, JANUARY 9, 2013

*****BE AT ALL SHOWS AT LEAST AN HOUR BEFORE*****